



THE UNIVERSITY OF ARIZONA

Andrew Weil Center
for Integrative Medicine

INTEGRATIVE MEDICINE ELECTIVE ROTATION

THE ANDREW WEIL CENTER FOR INTEGRATIVE MEDICINE AT THE UNIVERSITY OF ARIZONA is leading the transformation of healthcare by training a new generation of health professionals and by empowering individuals and communities to optimize health and wellbeing through evidence-based, sustainable, integrative approaches.

After launching the Center in 1994, Andrew Weil, MD, created the Integrative Medicine Elective Rotation (IMER) in 1997. It was one of the first programs of its kind and remains a leader in the field. The rotation is a dynamic, month-long course designed to introduce students to the concepts and principles of integrative healthcare. It is held twice yearly (spring and fall) in Tucson, Arizona. The Andrew Weil Center for Integrative Medicine at the University of Arizona (AWCIM) faculty and presenters and practitioners provide students with a wealth of education and experience in a number of healing modalities that complement their traditional medical education.

WHY YOU SHOULD ATTEND THE ELECTIVE ROTATION

If you are a resident or fourth-year medical student looking to enhance your medical training with integrative medicine modalities, this is the rotation for you. IMER will ignite your passion for patient-centered healing while you're still studying and developing your overall approach to medicine. The Integrative Medicine Elective Rotation will give you an understanding of the vast set of integrative options available for use with your patients while working within the conventional medical system. You will develop an evidence-based understanding of the strengths and weaknesses of different treatment approaches, preparing you to provide the best healthcare possible for your patients throughout your medical career.



“What an amazing rotation! I learned enough in four short weeks to change my practice and my attitude forever. My patients and fellow residents have been very responsive to my new style and body of knowledge. I returned to residency with new enthusiasm, excited again about doctoring. It’s not about ‘alternative’ medicine - it’s good medicine. I think every resident should at least be exposed to this program.”

Christine Maren, resident
Christus Santa Rosa Family Medicine Residency Program
Elective Rotation Student



WHAT YOU WILL LEARN

Taught by internationally-recognized experts and faculty from a variety of disciplines and philosophies, the Integrative Medicine Elective Rotation curriculum includes:

- Women’s Health
- Allergy and Immunology
- Integrative medicine in primary care and specialty care
- Homeopathy
- Botanicals and supplements
- Mind-body medicine
- Clinically-based nutrition
- Traditional Chinese Medicine
- Manual medicine
- Energy medicine
- In-depth research into current IM topics
- Sleep medicine
- Clinical hypnosis
- Ayurveda
- Self-care practices

Apply Now!

To learn more about the Elective Rotation, including dates and the application process, visit our website
awcim.arizona.edu/IMER

Contact Us

Integrative Medicine Elective Rotation
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